

Male Call



April 2010

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Map of Services for Christchurch Men

Want to know what is happening for men in your part of town? Check out our Google Map

<http://tinyurl.com/supportforcantymen>
Services for Canterbury Men (e-mail us for the flyer with the info listed below)

MensLine Christchurch Alive and Well

The New Zealand wide crisis line MensLine closed due to funding issues last month but our local guys are still running their group of the same name on Tuesday nights. This group is very appropriate for men that have basic group communication skills and are dealing with a personal crisis, or looking to build on their relationship skills. <http://www.voxy.co.nz/national/christchurch-mensline-alive-and-well/5/40881>

Men's Psychdrama Weekend

Boots and All

May 2010

A Psychodrama Weekend for Men



Led by
Simon Jones
Simon Gurnsey
meditation with
David Goldsmith

At Journey's End - Leigh Lodge

Friday 14th May till Sunday 16th of May

For more information phone Simon G: (03) 3299115 email: simon@simongurnsey.net or Simon Jones email simonvjones.57@gmail.com

Join a Men's Group?

***Contact us to find a group that is right for you or your client. Also, see the map above.**

MensLine Support Group: open, facilitated, weekly men's group, 21 years experience. Tuesday night 7:30-9:30 at Christchurch Community House 141 Hereford St., Cost \$5 03 365 4239

MensTrust: closed men's groups, men's weekends and events, see menstrust.org.nz phone 03 940 9477

ManKind Project: Open Meetings Tuesday nights

Bring your authentic self to an evening of support and challenge, 021 475 900 mkg.org.nz

Addington Men's Group: regular Tuesday outings. Addington Community Cottage 338 1613

Sydenham Outings for Men: Tuesday afternoon 1-3, also day outing first Tuesday. Gold coin donation. Contact Liam 337-2731

Hei Hei Men's Group: meets at St Aidans Church 126 Hei Hei Road (cnr Hei Hei & Buchanans Roads) on the second Friday of each month Phone Tracey Buunk (group co-ordinator) 342-5864

Promise Keepers: Christian Men's Groups see w3.promisekeepers.org.nz/christchurch.html

Men on a Mission: running twice per year on a weekday with free lunch and trips around Chch. Ph Jeff Jones (Salvation Army) 366 8128 or John Coyle 366 6745 (Methodist Mission)

Men Relating: eight week course to develop respectful relationships, new communication skills and resolve conflict. Contact Relationship Services

Hei Hei / Broomfield Men's Group Pamphlet

Hei Hei/ Broomfield has a men's group. Tracey Buunk of the Hei Hei Broomfield Community Development Project is working along with Matthew Currie, the Men's Group Development Coordinator to put on a really fun programme for the guys. Contact Matt at Ph: 3425 864 or macurrie@paradise.net.nz for more info.



A group of men offering monthly outings and the chance to mix with other men

All welcome. Any ages

For information
Contact
Matthew Currie - Group
Co-ordinator
Ph: 3425 864
macurrie@paradise.net.nz
Or
Tracey Buunk - Community
Development Worker



HEI HEI /
BROOMFIELD
MEN'S GROUP

St Aidan's Church
126 Hei Hei Road
(Cnr Hei Hei and Buchanans
roads)
Christchurch
Phone: 342 5864
Fax: 342 5862

2010 Schedule

Fri 12 th March	Short River Walk & BBQ at the Greens Meet at 11am. Bring your own meat and salad for BBQ. Cost: \$5 Transport
Fri 16 th April	Northbrook Colonial Museum Meet at St Aidan's at 9.30am. Bring or buy lunch Cost: \$5 Transport \$6 Museum
Fri 14 th May	Canterbury Museum & Arts Centre Meet 11am to catch bus, bring or buy lunch. Cost - Free for Gold Card
Fri 17 th June	Mid Winter Christmas Lunch Time & cost to be advised
Fri 16 th July	Sydenham Wharfedale Farm Visit Meet 11am. Bring lunch. Cost - \$5 Travel \$2.50 farm visit (weekly \$7.50)
Fri 13 th August	Natural Bee Title Meet at 9.15, buy lunch in Kaiapoi. Cost - Free for Gold Card
Fri 10 th September	Wairarapa Regatta Meet 11am. Bring or buy lunch. Cost - \$5 Fares \$5 Travel
Fri 10 th October	Coleridge Gardens Meet at 11am. Bring lunch or buy fish and chips at Sarnes. Cost \$5 Travel \$2 Garden (monthly \$10)
Fri 12 th November	Sea-Birds Island, Tiritiri Meet 11am. Bring or buy lunch & taking gear if you have one
Fri 10 th December	Orana Wildlife Park Humbug Lunch Meet 11am. Bring your own meat and salad for BBQ. Cost: \$5 Park \$5 Travel
Mon 13 th December	Christmas Lunch Time & cost to be arranged

Group meets at St Aidan's, please RSVP Matthew or Tracey for the travel purposes. Some activities may charge. Weather does not permit.

Te Puna Oranga Celebrating Men

Te Puna Oranga is running a "Tane Hui for our mentor dads and granddads" on Saturday 26th June, 10a.m. to 3 p.m. If you know any of our caring men that you would like to celebrate in this context then give TPO a call.



Te Puna Oranga
Ko ngā whānau ngā puna oranga

TANE HUI

For our mentor dads and granddads

Nau mai haere mai

Saturday, 26 June
2010

Te Puna Wanaka
Whareniū located at
Christchurch Polytechnic
Coventry Street

10am-3pm

This one day event is for our role model dads, grandfathers, and uncles nominated to attend a one day event.

Because they have been a great dad or granddad they will also bring along a father that they may support to mentor for the day.

The day will have activities for our dads, famous guest speakers, and there will be prize draws throughout the day.

If you know a dad you would like to nominate, please let us know and we will send him a letter.

Te Puna Oranga 687 Worcester Street
(03) 381 8472

Whakawhanaungatanga Ph: 03 366 8804
Dad's Relating: eight week course for dads wanting to parent better. Contact Relationship Services

Whakawhanaungatanga Ph: 03 366 8804
Pascha Centre Men's Group: A monthly facilitated men's group using intuitive therapy, 3rd Thursday of the month, 7:30 pm, at 165 Madras St., cost \$20, ph 374 2526 for more info

Narcotics Anonymous: Tue 7:30pm
Southern Men's: Bridge Aftercare, 27 Collins Street, Addington [Wheelchair Access]

nzna.org/drugproblem/meetingslists.shtml

Problem Gambling: The Problem Gambling Foundation meeting every Tuesday 6.30-8.30pm, 6 month commitment, Problem Gambling Foundation at 03 379 2824 for more information.

Prostate Cancer Meetings: third Tuesday of the month, Cancer Society, Manchester and Kilmore Street, 7:30 pm, access via side door off from the carpark. For men and family affected by prostate

Men at Work: a course for men seeking to enter/return to/move inside the workforce contact Tony at Kingdom Resources 03 332 1700

Step Ahead Trust: for men with a mental illness that are independent and safe with themselves and others, contact Kevin Muir at kevin@stepahead.org.nz

Men's Health:

Menz Medical: for all health needs
158 Fitzgerald Ave. menzmedical.com
03 981 8181

Hearing Therapy Services: Free hearing tests at 0800 008 011

Sexual Health/Family Planning: Free

The MISHEES

If you are a man working in the social work, health, education or employment sector then this group is for you. Details of the next Men in Social/Health/Education Services **monthly network group** are below.

Where: 141 Hereford St. (in the ground floor committee room)

When: Thursday 11 March 12:00-1:15

Bring: Lunch, we will supply coffee/tea

Contact us to register your interest and to receive a reminder e-mail. [contact us](#).



DVD for Fathers

We found this web site and related DVD recently and thought you might be interested.

<http://www.greatfathers.org.nz/greatfathers>



Male Survivors of Sexual Abuse Challenges the Catholic Church

Ken Clearwater on National Radio commenting on reticence by the Catholic Church to deal with issues inside the church of sexual assault against children. He claims that some research has shown that the 80% of the victims were boys.

http://www.radionz.co.nz/audio/national/mnr/2010/04/06/govt_asked_to_get_involved_in_abuse_allegations

sexual health assessment, birth control, treatment, advice and counselling. 33 St Asaph St, 03 364 0485

Family Planning: for men's sexual health checks [Family Planning](#)

Community Groups:

Male Survivors of Sexual Abuse Trust: one on one and group support for male survivors, in a safe environment, experienced staff <http://survivor.org.nz> 03 377 6747

Father and Child Trust: on-going support and education for fathers, groups/courses/talks/ and a superb magazine <http://fatherandchild.org.nz> 03 982 2440

Men's Advocacy Network: a monthly forum for men involved in the community linking with political rep's. First Friday every month, 11:45, 141 Hereford St. ph. us for more 03 940 9487

Home and Family Society: support for dads/men and step-families <http://homeandfamily.net.nz> 03 379 5645

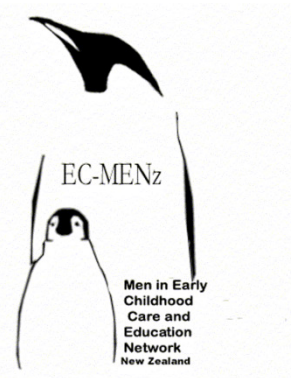
Men at Work: a 3 week course for men seeking to enter/return to/move inside the workforce contact Tony at Kingdom Resources 03 332 1700

Overeaters Anonymous: a twelve step programme for men and women supporting each other to solve compulsive eating including anorexia, bulimia, obesity and overeating. Six meetings per week, no membership fee. Telephone 3653-812.

Gay Men:

Web Site for Men Working in ECE

Men working in the area of Early Childcare Education have formed the following site to support their network. <http://www.ecmenz.org/index.html>



The Couch: Families Commission Polls You for Comment

The Families commission has been doing some great research into Ne Zealand fathers in the past two years. It would be grat if more men offered their thoughts on the needs of fathers through their "Couch" pollings system. See for more inf <http://www.thecouch.org.nz/>



New Zealand Aids Foundation: Free counselling, a range of events and info at nzaf.org.nz

Gay options in Christchurch: gaynz.com/community/gay-chc.php

Koru Men's Group: For men leaving heterosexual relationships, contact the Canterbury Men's Centre (below)

Q-topia: Events/support for gay youth, ph. 021 175 3631, qtopia.org.nz

Youth:

Tracks: Turning Boys into Men, 5 day "Rites of Passage" events tracks.net.nz.

198 Youth Health free services (Doctor, nurse, counselling) for 10-25 year olds 03 379 4800

(Also see **Q-Topia**, above and **Enabling Youth**, below)

Stopping Your Violence:

He Waka Tapu: programmes to stop your violence against women and children hewakatapu.org.nz 03 373 8150

Stopping Violence Services: group and individual counselling angermanagement.org.nz 03 365 6266

Enabling Youth: 12 week co-gender facilitated programme providing group/individual support to young people. Focuses on ways to cope with frustration, anger and violence. 365-6266

The Goals Centre: One-on-one stopping violence, 8 week course 366 4132 goalscentre.co.nz

STOP Programmes: Treatment/therapy for

Interviewers Wanted for Offender Research



MASSEY UNIVERSITY



Interviewers required for a study of drug use among police arrestees

Individuals are required to conduct face-to-face interviews with people who have been arrested and detained at the Christchurch Central Police watch house for a research study on drug use conducted by the Centre for Social and Health Outcomes Research and Evaluation (SHORE) Massey University. Interviewing will be conducted between mid-April to mid-June 2010. Interviewers will work to a set roster-based schedule with three or four shifts on a weekly basis and manage paperwork and administration relating to the project.

Full training will be provided.

Interviewers should ideally possess the following skill set:

1. Face to face interviewing or client assessment experience
2. Confidence and excellent communication skills.
3. Mature and responsible person with life experience.
4. Ability to be resilient and clearly understand ethical issues related to interviewing on sensitive and confidential topics.
5. An interest in social, criminology, health, addiction or drug-related issues.
6. Ability to manage key administrative tasks efficiently and effectively.
7. Ability to work a set roster-based schedule with three or more shifts on a weekly basis.

If you are interested please email your CV and a covering letter outlining your relevant experience to Dr Richard Griffiths (r.d.griffiths@massey.ac.nz) by Monday 12th April 2010. Short-listed candidates must be available for an interview in Christchurch on Monday 19th April and for approximately twelve hours of paid training to be spread across Tuesday 20th and Wednesday 21st April.

Feeling Radical?

More from Erin Pizzey, a founder of the Women's Refuge Movement in Scotland, arguing for support for male victims of domestic violence. <http://abusegate.mensnewsdaily.com/2010/03/12/erin-pizzey-an-open-letter-to-women-in-the-domestic-violence-movement/>

BBC Television is doing a series about fathers, frozen out of involvement with their children in great Britain. <http://www.telegraph.co.uk/news/features/7528771/Agony-of-the-frozen-out-fathers.html>

A local father blogging as a men's right activist. <http://dad4justice.blogspot.com/>

men/boys who've sexually abused/offended and for boys with sexually harmful behaviours. Support/education for family members. stop.org.nz 03 374 5010.

Experiencing Violence?

Police: ask for Family Violence Coordinator at (03) 363 7400

Cant'y Men's Centre: 03 940 9487 to discuss options

Father and Child Trust: 03 982 2440

Victim Support: 03 363 7643

Child Youth and Family: 0508 326 359

Fathers and Family Court:

Christchurch Community Law Centre: Free legal information and advice on family law issues and Court processes

<http://canlaw.org.nz>

03 366 6870

Union of Fathers: peer support with family court issues <http://uof.org.nz>
07 928 4323

Dads on the Air: Australian based podcasts for fathers

<http://dadsontheair.net/>

Parenting Through Separation

<http://justice.govt.nz/family/>

Recommended Counsellors:

Rata Counselling Centre

<http://ratacounselling.org.nz>

03 332 5388

Home and Family Society

<http://homeandfamily.net.nz>

03 379 5645

Petersgate Counselling Centre

Dr Jeff Gage: Men and Counselling



A researcher in the U.K investigated men's experiences of engaging with counselling services. A questionnaire was answered by 47 men aged 16-64 then followed up with individual interviews. Findings revealed that men took between 6 months and 5 years to consider counselling. Initial reluctance was explained by men not knowing what to expect, combined with lack of insight into their own psychological problems. Asking for help proved difficult, which for some led to a point of crisis. Men who did engage with counselling gradually became more confident with the process. Men could be encouraged to initiate counselling through provision of specific information about what to expect and clarification of referral processes. Millar, A. (2003). Men's experience of considered counselling: Entering the unknown. *Counselling and Psychotherapy Research*, 3, (1) 16-24.

Men Can Fix Anything

A supporter of our work recently sent a collection of affectionate and comical images of men's capacity to improvise and we include one below;



If you wish to unsubscribe from Male Call please e-mail us at info@canmen.org.nz

<http://petersgate.org.nz>

03 343 3391

198 Youth Health (free for 10-25 year olds) 03 379 4800

Telephone Support:

Alcohol Drug Helpline (national service based in ChCh) 10 am- 10 pm 7 days 0800 787 797

National Depression Support Line 0800 111 757

Outline NZ (for gay men) 0800 OUTLINE

AIDS Hotline 0800 802 437

Gambling Helpline 0800 654 655, 7days 8am-10 pm

Lifeline 24 hrs 366 6743, 0800 543354

Prostate Cancer Foundation 0 800 627 277 prostate.org.nz

Donald Pettitt
Manager
Canterbury Men's Centre
141 Hereford St.
Christchurch
03 940 9487
donald@canmen.org.nz

or

Simon Gurnsey
Office Coordinator
simon@canmen.org.nz