

# Male Call



August 2010

## Self Esteem Course for Men

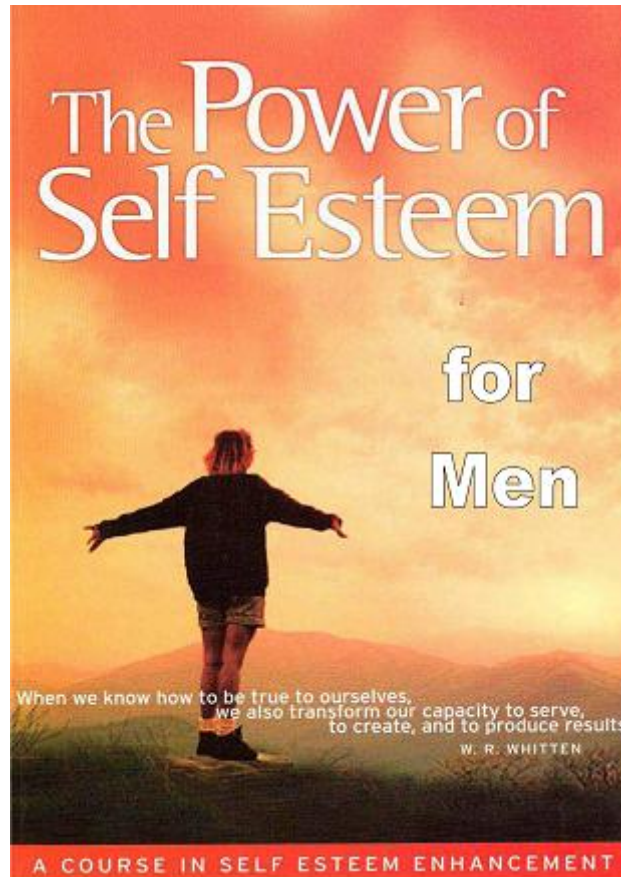
[Christchurch/Canterbury Self Esteem Course for Men](#)  
[Boots and All- A MensTrust Event](#)  
[Refugee Men Surveyed](#)  
[Men at Work Course- starting Monday 23rd August](#)  
[The MISHEES](#)  
[International Day of Male Survivors of Sexual Abuse](#)  
[Morning Cuppa for Solo Fathers](#)

### National

[Support for Nelson Men under Police Safety Orders](#)  
[Missing Men: Papers from the Men's Health research and Policy Forum](#)  
[Life Saving Screening for Men not on the Agenda](#)  
[Recent Women's Refuge Funding Web Site Launched](#)  
[Suicide Prevention Day Coming Up](#)  
[Murchison 5 Day Outdoor Event for Men 18th -22nd October 2010](#)

### International

[Australian Web Site for Male Victims of DV Launched](#)



The date for this event is yet to be set, though it's expected to run on Tuesdays and Thursdays starting end of

[Get a Monthly Men's Health E-Newsletter from Australia](#)

[Dr. Jeff Gage on Men's Health](#)

[Dr Jeff Gage: The Barbershop Health Screening Programme](#)

[Map of Services for Christchurch Men](#)

Want to know what is happening for men in your part of town? Check out our Google Map

<http://tinyurl.com/supportforcantymen>

Services for Canterbury Men (e-mail us for the flyer with the info listed below)

## WANT TO JOIN A MEN'S GROUP?

**\*Contact us to find a group that is right for you**

**MensLine Support Group:** open, facilitated, weekly men's group, 21 years experience. Tuesday night 7:30-9:30 at Christchurch Community House, 141 Hereford St. Cost \$5 | **(03) 365 4239**

**MensTrust:** Men's groups, men's

October. Time 7 pm – 10 pm, Venue Waipuna Youth And Community Trust 349 Woodham Rd (cnr Woodham & Pages Rd).

Course fee \$325 Early bird registration \$295. Mentors Tim Heetkamp and Ulrich Bergler. Further information contact Tim (03 382 2219) [tim\\_heetkamp@fastmail.us](mailto:tim_heetkamp@fastmail.us) or Ulrich (03 358 3888) [ulrich@bergler.name](mailto:ulrich@bergler.name)

## Boots and All- A MensTrust Event

<http://menstrust.org.nz/2010/05/boots-and-all-october/>

Led by Simon Jones and Simon Gurnsey

At Journey's End – Leigh Lodge - North Canterbury Friday 1st to Sunday 3rd October 2010, Cost \$250

Boots and All is a men's residential psychodrama weekend. The workshop is suitable for men engaged in personal growth who are prepared to participate fully and to engage with themselves and others. Through using the psychodrama method, men can begin to understand what the underlying issues are in a situation or with a person. Men who attend learn to be useful, to be responsible, to be compassionate, to matter, to count, to stand for something, to make some difference.



## Men Invited for Special Night at Mitre 10 Mega

Calling all Men! Mitre 10 Mega Hornby is putting on a special night for men, with great discounts and a lot of fun events. They have chosen the Canterbury Men's Centre as their charity for this event with funds raised thru the raffle and sausage sizzle going to the CMC. Volunteer sizzlers wanted!

weekends and events  
menstrust.org.nz | (03) 940 9487

**ManKind Project:** Open Meetings  
Tuesday nights. Bring your  
authentic self to an evening of  
support and challenge. [mkp.org.nz](http://mkp.org.nz) |  
**021 475 900**

**Addington Men's Group:** regular  
Tuesday outings. Addington  
Community Cottage | (03) 338 1613

**Sydenham Outings for Men:**  
Tuesday afternoon 1-3, also day  
outing first Tuesday. Gold coin  
donation. Contact Liam | (03) 337  
**2731**

**Hei Hei Men's Group:** meets at St.  
Aidans Church 126 Hei Hei Road  
(cnr Hei Hei & Buchanans Roads)  
on the second Friday of each month.  
Phone Tracey Buunk (group  
coordinator) | (03) 342 5864

**Promise Keepers:** Christian Men's  
Groups see  
[w3.promisekeepers.org.nz/christchurch.html](http://w3.promisekeepers.org.nz/christchurch.html)

**Men on a Mission:** running twice  
per year on a weekday with free

SMITHS MITRE 10 MEGA HORNBY  
INVITES YOU TO REGISTER FOR OUR

# Lads and Dads Night

Thursday 26th August - Doors Open 7.00pm

REGISTER INSTORE OR PHONE 344 8497 OR EMAIL [HORNBY.CS@MITRE10.CO.NZ](mailto:HORNBY.CS@MITRE10.CO.NZ)

Catering for Non DIY Guys to the more Experienced Home Handy man  
Restricted to MEN ONLY - No Age Limit - Lots of Fun & Entertainment  
So bring your Father, Son, Brother or Mate

**THE MAIN EVENT**

Listen to More FM for your chance to register and  
win a set of Tyres fitted from Tony's Tyre Service

## CHANGE OFF

LISTEN TO MORE FM TO ENTER

Hot Rods	Interactive DIY Demos	Tip Truck Display
12m Scissor Lift	Sausage Sizzle	Drinks & Nibbles
Choppers	Use a Power Tool!!	Vege's with Tui

The Folden - Part Ford Part Holden - Totally One of a Kind

92.1 MORE FM CANTERBURY | hirepool | TONY'S TYRE SERVICE | MITRE 10 MEGA Hornby 350 Main South Road, Chch

CANTERBURY MEN'S CENTRE ← Chosen Charity

## Refugee Men Surveyed about Recreation

Lisa Logan of Christchurch Resettlement Services is doing a survey of the recreational needs of male migrants with the aim of creating a relevant programme. She asks that any social workers working with male migrants contact her to help define their programme. Contact her at [lisa.l@crs.org.nz](mailto:lisa.l@crs.org.nz) (03) 335 0311.

## Men at Work Course- Starting Monday 23<sup>rd</sup> August

lunch and trips around Chch.  
Ph Jeff Jones (03) 366 8128  
(Salvation Army) or  
Ph John Coyle (03) 366 6745  
(Methodist Mission)

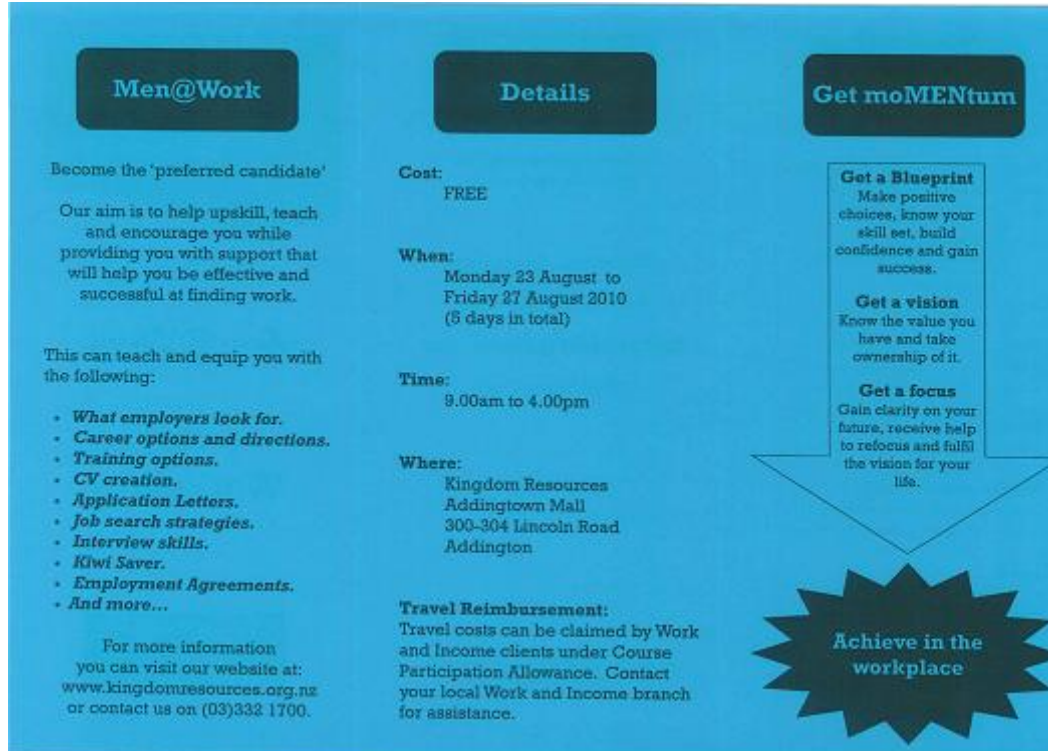
**Men Relating:** eight week course to develop respectful relationships, new communication skills and resolve conflict. Contact Relationship Services Whakawhanaungatanga | (03) 366 8804

**Dad's Relating:** eight week course for dads wanting to parent better. Contact Relationship Services Whakawhanaungatanga | (03) 366 8804

**Pascha Centre Men's Group:** A monthly facilitated men's group using intuitive therapy, 3rd Thursday of the month, 7:30 pm, at 165 Madras St., cost \$20, for more info call | (03) 374 2526

## Youth

**Tracks:** Turning Boys into Men, 5 day "Rites of Passage" events. | [tracks.net.nz](http://tracks.net.nz)



**Men@Work**

Become the 'preferred candidate'

Our aim is to help upskill, teach and encourage you while providing you with support that will help you be effective and successful at finding work.

This can teach and equip you with the following:

- *What employers look for.*
- *Career options and directions.*
- *Training options.*
- *CV creation.*
- *Application Letters.*
- *Job search strategies.*
- *Interview skills.*
- *Kiwi Saver.*
- *Employment Agreements.*
- *And more...*

For more information you can visit our website at: [www.kingdomresources.org.nz](http://www.kingdomresources.org.nz) or contact us on (03)332 1700.

**Details**

**Cost:**  
FREE

**When:**  
Monday 23 August to  
Friday 27 August 2010  
(5 days in total)

**Time:**  
9.00am to 4.00pm

**Where:**  
Kingdom Resources  
Addington Mall  
300-304 Lincoln Road  
Addington

**Travel Reimbursement:**  
Travel costs can be claimed by Work and Income clients under Course Participation Allowance. Contact your local Work and Income branch for assistance.

**Get moMENTum**

**Get a Blueprint**  
Make positive choices, know your skill set, build confidence and gain success.

**Get a vision**  
Know the value you have and take ownership of it.

**Get a focus**  
Gain clarity on your future, receive help to refocus and fulfil the vision for your life.

**Achieve in the workplace**

**Q-Topia:** for gay youth (see Gay Men)

**Enabling Youth:** 12 week co-gender facilitated programme providing group or individual support to young people. Focuses on ways to cope with frustration, anger, and violence. | (03) 365 6266



## Community Groups

**Male Survivors of Sexual Abuse Trust:** one to one and group support for male survivors, in a safe environment, experienced staff. [survivor.org.nz](http://survivor.org.nz) | (03) 377 6747

**Father and Child Trust:** on-going support and education for fathers, groups/courses/talks/ and a superb magazine [fatherandchild.org.nz](http://fatherandchild.org.nz) | (03) 982 2440

**START:** Sexual abuse counselling service | (03) 355 4414

**Men at Work:** a course for men seeking to enter/return to/move inside the workforce contact Tony at Kingdom Resources. | (03) 332

**Registration Details**

To register or for more information you can:  
call: Phone Tony on (03) 332 1796.  
or Fax Tony on (03) 332 1886.  
or Post this form to:  
Kingdom Resources Limited  
PO Box 23-222  
Christchurch

**Men@Work**

Is made possible by the generous support of:

Christchurch City Council  
The Timothy Blair Trust  
The Canterbury Community Trust  
The Southern Trust

**Men Finding Work**

**Men@Work**

**5 day Workshop**

Kingdom Resources

All information will be protected and stored as required by the Privacy Act 1993. This information is available to you if required.

Kingdom Resources Limited is a Christian Charitable Company

Name: \_\_\_\_\_  
Address: \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
Phone: \_\_\_\_\_  
Cell: \_\_\_\_\_  
Reason for attending the course: \_\_\_\_\_  
\_\_\_\_\_  
Signed: \_\_\_\_\_  
Date: \_\_\_\_\_

## The MISHEES

If you are a man working in the social work, health, education or employment sector then this group is for you. Details of the next Men in Social/Health/Education Services **monthly network group** are below.

**Where:** 141 Hereford St. (in the ground floor committee room)

**When:** Thursday 9 September 12:00-1:15

**Bring:** Lunch, we will supply coffee/tea

**Topic:** Male Clients and Self-Esteem, Tim Heetcamp (leading course mentioned at top of Male Call)

## Regular Groups run by the Canterbury Men's Centre

Contact us for information about any of the following meetings.

1700

**Men's Advocacy Network:** a forum for men in the community linking with political reps. First Friday every month, 11:45, 141 Hereford St. Canterbury Men's Centre | (03) 940 9487

**Luna House:** course for men living with women with menstrual cycles/going through menopause | (03) 332 5755

## Health

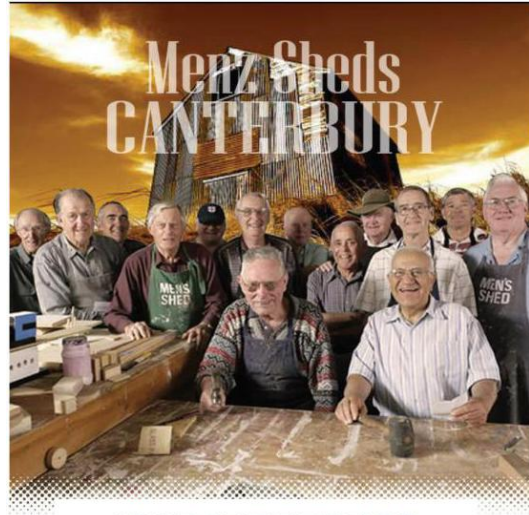
**Menz Medical:** A general practice for all your health needs 158 Fitzgerald Ave.

[menzmedical.com](http://menzmedical.com) | (03) 981 8181

**Hearing Therapy Services:** Free hearing tests | 0800 008 011

**Sexual Health/Family Planning:** Free sexual health assessment, birth control, treatment, advice and counselling. 33 St Asaph St. | (03) 364 0485

**Prostate Cancer Foundation:** meeting third Tuesday of the month, Cancer Society, Manchester and



## HUB MEETINGS

We run a regular group for people and agencies developing men's sheds. Contact us to go on the invite list.

contact: **Canterbury Men's Centre,**  
141 Hereford St., Christchurch  
[info@canmen.org.nz](mailto:info@canmen.org.nz), (03) 940 9487,  
[www.menssheds.org.nz](http://www.menssheds.org.nz)



It doesn't really hurt when she hits me and weren't there then who would the kids?... Her mom said her dad was her... It only happens when she gets drunk than that she is fine... I know I've got to keep way the week before and a few days after never done it in front of the kids... I held her stop her... She used to give me a My wife has an anger problem... started af our first... Police can't do ab To go on the invite list for this meeting contact:

A regular meeting for professionals addressing the issue of **Male Victims of Domestic violence.**

To go on the invite list for this meeting contact:

Donald Pettitt  
Canterbury Men's Centre  
03 940 9487 [donald@canmen.org.nz](mailto:donald@canmen.org.nz)

don't give her the money she goes was so jealous that she wouldn't let me case I saw an attractive woman... She h family, and my friends, and anyone I talke apologized to me and it blows over don't really notice I don't think... really good between us... She said See the kids again...I can't afford to leave her...The family and she would win...I'm all she's got... She's all I've got... Who was hitting me? I called the cops and she blamed it on me

# THE MISHEES

"Men in Social/Health/Education/  
/Employment Services"



An informal men's network group meeting second Thursday of each month. Purposes defined for the group early are:

- 1) Peer Support, social contact, living well in your role
- 2) Collaboration between agencies and other professionals working with men/boys
- 3) Political change and advocacy
- 4) Learn about available services for men/boys and disseminate info about them to the group and their associates, networking
- 5) Education and training about working with/for men/boys

**When:** second Thursday of the month, 12:00 to 1:15

**Where:** Christchurch Community House, 141 Hereford St., Ground Floor Committee Room

**What:** a new focus each month, so get on the mailing list to be informed

**Bring:** your lunch, we provide the cuppa

To receive an invite to this group, contact Donald Pettitt of the Canterbury Men's Centre, [donald@canmen.org.nz](mailto:donald@canmen.org.nz) or phone 940 9487



## International Day of Male Survivors of Sexual Abuse

Kilmore Street, 7:30 pm, access via side door off from the car park. For men and family affected by prostate problems. [prostate.org.nz](http://prostate.org.nz) | 0800 627 277

## Mental Health

**Step Ahead Trust:** Men's group for men with a mental illness who are independent and safe with themselves and others, contact Kevin Muir at | (03) 389 4001 [kevin@stepahead.org.nz](mailto:kevin@stepahead.org.nz)

**National Depression Support Line:** | 0800 111 757

**Lifeline 24 hrs:** | (03) 366 6743 or 0800 543354

**Psychiatric Consumers Trust:** Offers Peer Support and Advocacy for people needing support with Work & Income, ACC or other services and a social drop-in centre. [pctrust@xtra.co.nz](mailto:pctrust@xtra.co.nz) | (03) 366 8288  
Call for open hours

**South Island Advocacy Service:** | 0800 377 766 or (03) 377 7501



Ken Clearwater of Male Survivors of Sexual Abuse invites the community to attend their Survivors Day event on Saturday 18<sup>th</sup> September 2010. The event starts with men's stories and finishes with the MSSAT AGM. Contact Ken at 03 377 6747 for more info. [mssat@survivor.org.nz](mailto:mssat@survivor.org.nz)

## Fun-Raiser for New Brighton Menz Shed

# Stopping Your Violence

**He Waka Tapu:** programmes to stop your violence against women and children for Maori men and men with Maori whanau

[hewakatapu.org.nz](http://hewakatapu.org.nz) | (03) 373 8150

**Stopping Violence Services:** group and individual counselling

[angermanagement.org.nz](http://angermanagement.org.nz) | (03) 365 6266 (also see our youth section)

**The Goals Centre:** One-on-one stopping violence, 8 week course.

[goalscentre.co.nz](http://goalscentre.co.nz) | (03) 3664132

## STOP Programmes:

Treatment/therapy for men/boys who've sexually abused/offended and for boys with sexually harmful behaviours. Support/education for family members.

[stop.org.nz](http://stop.org.nz) | (03) 374 5010

# Stopping Their Violence

**Police:** call Family Violence Coordinator | (03) 363 7400

**Cant'y Men's Centre:** (03) 940 9487 to discuss options

**Father and Child Trust:** | (03) 982 2440



## NEW BRIGHTON MENZ SHED

### Craft Skill Demonstrations: for men and women

Practical skills taught by local craftspeople and artists.

Date:	Event:	Who:
3 pm Sun 29 <sup>th</sup> Aug	Out of the Woods and How to Create Fine Pieces from Timber	Peter Neal, "the Barry Crump of Southshore"
3 pm Sun 5 <sup>th</sup> Sept	Stained Glass window work	Ken Hughes
3 pm Sun 12 <sup>th</sup> Sept	Woodturning Demonstration	Pat Jordan, Christchurch Woodturners Assoc.
3 pm Sun 19 <sup>th</sup> Sept	Oamaru Stone Carving	Jacky Morren, Stone Carving Tutor
3 pm Sun 26 <sup>th</sup> Sept	What's Happening in Men's Sheds?	Men of the Shed

**Where:** St Faith's Church Hall, Hawkes St. **Cost:** \$5 **Note:** A snack follows each event.



For more info/to rsvp contact Don Rowlands 388 6882, Ray Hall 388 7277, or Pete Darrell 382 8690.



The New Brighton Menz project aspires to create a place for men in our community to come together and work on individual practical projects. If you want to know more use the contact details mentioned above or see [www.menssheds.org.nz](http://www.menssheds.org.nz).

