

Male Call



March 2009

Coming Events/Courses

[Men at Work](#)

[NZ Fathering Foundation Workshop](#)

[Tracks: Turning Boys into Men](#)

[Maori Men's Health Conference June 2009](#)

[Men's Sheds](#)

[The MISHES](#)

In This Month's News

[Father and Child Trust Position](#)

[Men's Health Week](#)

[Male Depression and Recession](#)

[Men's Sexual Health](#)

[NZ Men's Mental Health](#)

[Dr. Gage on Men's Health](#)

[Feedback for us ...](#)

Services for Canterbury Men (e-mail us for the flyer with the info listed below)

Join a Men's Group?

MensLine Support Group:

open, facilitated, weekly men's group with 21 years experience. Tuesday night 7:30-9:30 at Christchurch Community House 141 Hereford St., Cost \$5 03 365 4239

MensTrust: men's groups, men's weekends/events, see www.menstrust.org.nz or phone 03 940 9477 or try www.mensgroups.org.nz

Mankind Project: a group offering leadership training in personal, interpersonal and cultural levels phone 021 475 900 www.mkp.org.nz

Promise Keepers: Christian Men's Groups see w3.promisekeepers.org.nz/chri

Father and Child Trust Position

Father and Child Trust is looking for a new **Project Support Worker**(PSW), working 20 hours per week. The PSW supports drop-in dads. The ideal candidate will have experience as a parent with particular focus on the early years and will be able to compassionately deal with a range of fathering situation. Contact us for more info, or look out for the ad in the Trademe web site in the next week or so. [Donald](#)

Also, a special acknowledgment to **Jonathan Young** for his work for and with Fathers in this role.

NZ Fathering Foundation Workshop

A number of national agencies including the Families Commission, Barnardos, and Big Buddy are suggesting a national body for fathering. Purposes include;

- Coordinate research into fathering and hold a library of research results, data and other information pertinent to the advancement of fathering and to the issues faced by people around fathering.
- Coordinate and qualify policy advice on matters relating to fathering.
- Provide a network for all groups and individuals working in the field of fathering, an active network supported online and off line with a rich interconnection between members.
- Host meetings at all levels to build and foster the network and the work.
- Offer advice and expertise to grass roots initiatives, community groups, social agencies, organizations and government departments looking for help in their approaches to and their work with, fathers and fathering.
- Promote fathering on the public stage through media work, events, advertising, web site etc.
- Hold a knowledge basket of practical action around fathering, what works what the workshop is in Wellington on 11 March 2009.

If you want a copy of the invite please contact [Donald](#)

Men at Work

Kingdom Resources are running another workshop for men wanting to find work, and men wanting to change their work. Mornings from 23 March to 9 April (Mon, Tues, Weds and Thursday), 300-304 Lincoln Rd. 03 332 1700. See www.kingdomresources.org.nz/1/content/view/20/33/ for more info.

stchurch.html

Problem Gambling Foundation:

Weekly men's support group, contact the PGF at 03 379 2824 for more info

Depression Support Network:

Weekly men's group at [DSN Men's Group](#)

Men's Health:

Menz Medical: for all health needs 158 Fitzgerald Ave.
www.menzmedical.com
03 981 8181

Family Planning: for men's sexual health checks [Family Planning](#)

Community Groups:

Male Survivors of Sexual Abuse Trust: one on one and group support for male survivors, in a safe environment, experienced staff
www.survivor.org.nz
03 377 6747

Father and Child Trust: on-going support and education for fathers, groups/courses/talks/ and a superb magazine
www.fatherandchild.org.nz
03 982 2440

Men's Advocacy Network: a monthly forum for men involved in the community linking with political rep's. First Friday every month, 11:45, 141 Hereford St. ph.us for more info
03 940 9487

Home and Family Society: support for dads/men and step-families
www.homeandfamily.net.nz
03 379 5645

Men at Work: a 3 week course for men seeking to enter/return

Tracks: Turning Boys into Men

Tracks is a small group that runs 5 day "Rites of Passage" events, turning boys into men www.tracks.net.nz. The events follow the models available from a range of cultures. One of the underlying beliefs is that because we aren't initiating young men, they have to initiate themselves, and they aren't able to do this. The good news is Tracks is developing a branch in Canterbury. If you want to be involved contact us. If you know a boy that is ready for this now then you don't have to wait for Canterbury. The Takaka based group is very accessible and well worth the effort.

Men's Health Week

Is your agency doing anything for Men's Health Week this year? The week of June 17th 2009 is a great chance to run an event for your guys. It could be a cuppa for your male clients, with fruit instead of biscuits. It could be getting someone in to talk about your agency focus from a male perspective. If you want to bounce around a few ideas then please phone Donald at 03 940 9487.

We hope to run a few events this year but will release information about this as it develops.

<http://www.menshealthmonth.org/week/>

Male Depression and Recession

There is a strong correlation between economic recession and male depression. Young non-pakeha men entering the workforce and older men in the last decade of work seem to feel this most acutely. For a timely article on this see

http://www.nytimes.com/2009/02/01/jobs/01layoff.html?_r=1&emc=eta1

Maori Men's Health Conference June 2009

The inaugural National Māori Mens Health Conference will be held in Blenheim on the **17th-19th June 2009** at the Marlborough Conference Centre.

Distinguished keynote speakers include:

- Professor Kekuni Blaisdell of Hawaii
- Dr Mark Wenitong of Australia
- Moana Jackson
- Naida Glavish
- Dr Rhys Jones
- Awanuiarangi Black

The theme of the conference will be addressing "Ko Wai Au" so be part of the solutions and join us in addressing Tāne Ora.

to/move inside the workforce
contact Tony at Kingdom
Resources
03 332 1700

Education:

Uni. of Cant'y **Men's Health**
HLTH451, 0.25 fte starts in Feb
2009

Youth:

198 Youth Health free services
(Doctor, nurse, counselling) for
10-25 year olds 03 379
4800

Rata Counselling (see
counsellors below)

Stopping Your Violence:

He Waka Tapu: programmes to
stop your violence against
women and children
www.hewakatapu.org.nz
03 373 8150

Stopping Violence Services:
group and individual
counselling
www.angemanagement.org.nz
03 365 6266

The Goal's Centre: One-on-one
programme
<http://www.goalscentre.co.nz/>

STOP Services Trust:
programmes for men and boys
to stop their sexual offending
www.stop.org.nz
03 374 5010

Experiencing Violence?

Contact us at 03 940 9487 to
discuss options

For further information and to register check out the
website www.taneora.co.nz

Men's Sheds

The third network meeting for those developing men's
sheds is on **Wednesday 18 March, 2pm-3:30pm** at
Presbyterian Support Services, 44 Bealey Ave. Please
contact us if you want a copy of the previous minutes
or wish to join the mailing list for this. [contact us](#)
(PS, That Men's Shed video about the Aussie beer ad is
here <http://www.youtube.com/watch?v=eE9tk7h5Tjk>)

The MISHES

The next Men in Social/Health/Education Services
monthly network group details are below.

Where: *****Christchurch City Council, In the
Chambers Mezzanine room, at 173 Tuam St*****
When: Wed 11 March 12:00-1:15 (Second
Wednesday of Every Month)
Bring: Lunch, we will supply coffee/tea
Focus: Research into Men's Recreational Needs
completed by the CCC, presented by Ian Bum (ccc)
and Bernard McMillan (Strategem).

*We also have an informal cuppa on the Tuesday after
the MISHES at 10:00 at Café de Fafo, 137 Hereford St.

Please contact us to register your interest and to
receive a reminder e-mail [contact us](#) .

Men's Sexual Health

We received a copy of the NZ Men's Sexual Health
Review Issue 1 and found it very informative. Please
contact us if you would like a copy. Or register here to
receive it free in the future.
http://www.researchreview.co.nz/research_review_cat/aloque.cfm?ID=41

NZ Men's Mental Health

Congratulations to the people at the Mental Health
Foundation for putting together this month's focus on
NZ Men and Mental Health at
<http://tinyurl.com/cku5yu>

Dr. Gage on Men's Health

What is Masculinity?

How a man views his masculinity can affect the way he
thinks and behaves. Perceptions of masculinity may be

Fathers and Family Court:

Christchurch Community Law Centre: Free legal information and advice on family law issues and Court processes
www.canlaw.org.nz
03 366 6870

Union of Fathers: peer support with family court issues
www.uof.org.nz
07 928 4323

Dads on the Air: Australian based podcasts for fathers
<http://www.dadsontheair.net/>
Parenting Through Separation
<http://www.justice.govt.nz/family/what-familycourt-does/parenting/default.asp>

Recommended Counsellors:

Rata Counselling Centre
www.ratacounselling.org.nz
03 332 5388

Home and Family Society
www.homeandfamily.net.nz
03 379 5645

Petersgate Counselling Centre
www.petersgate.org.nz
03 343 3391

198 Youth Health (free for 10-25 year olds)
03 379 4800

Telephone Support:

Alcohol Drug Helpline
(national service based in ChCh) 10 am- 10 pm 7 days
0800 787 797

National Depression Support Line 0800 111 757
Outline NZ (for gay men)
0800 OUTLINE

AIDS Hotline 0800 802 437
Gambling Helpline 0800 654 655, 7days 8am-10 pm

Lifeline 24 hrs 366 6743, 0800 543354

Mensline (Auckland based)
6:30-10:30 pm 7 days 0800 MENSLINE (0800 636 754)

influenced by a variety of factors including ethnicity. Recent research highlights attributes of masculinity for men from China, Japan, Korea, Malaysia and Taiwan.

Almost 11,000 men were asked the question "What do you think is important to the male identity? (What do you think is important to be a 'real man?'). Thirteen attributes were described and rated by importance. Having a good job, being a man of honour, and being in control of their lives were described as the most important attributes overall. Some variation was found between countries, for example, family was a top priority for Korean men.

What do you think is important to be a real man? It would be interesting to know how similar or different the answers to this question would be among men in New Zealand.

Reference: Ng, C. J., Tan, H.M., & Low, W. Y., (2008). What do Asian men consider as important masculinity attributes? Findings from the Asian Men's Attitudes to Life Events and Sexuality (MALES) Study. *Journal of Men's Health*, 5, (4), 350-355.

Feedback for us ...

Funding rounds are coming up and as you've read through to the end of this e-newsletter, we hope you will be willing to give us some feedback about this newsletter or our agency. Please send your feedback to donald@canmen.org.nz. Tell us if you would prefer us not to use your feedback for our funding purposes.

Prostate Cancer Foundation

0 800 627 277

www.prostate.org.nz

Donald Pettitt

Manager

Canterbury Men's Centre

141 Hereford St.

Christchurch

03 940 9487

donald@canmen.org.nz

or

Simon Gurnsey

Office

Coordinator [simon@canmen.org](mailto:simon@canmen.org.nz)

[.nz](mailto:simon@canmen.org.nz)